



PROACTIVETRAINING

TRAFFIC CONTROL AND MANAGEMENT PRE-EMPLOYMENT PROGRAM INCLUDING CPR AND FIRST AID

COURSE CONTENT

This purpose built skill set course is ideal for anyone seeking to work in the construction industry and specifically in traffic control and management. This extended course also includes a 2 day CPR and First Aid Course.

Covering key topics such as; controlling traffic, documentation, hazard identification and safe operating practices. The course takes a fun, interactive approach to training by combining both hands-on activities with theoretical learning and caters to both those seeking to enter in to this growing industry and those looking to refresh their prior skills and knowledge.

On completion of this 5 day program candidates will receive a Statement of Attainment.

STANDARD PROGRAM OUTLINE

During this course participants will learn:

DAY 1: TRAFFIC CONTROL

(RIIWH5205D CONTROL TRAFFIC WITH STOP-SLOW BAT)

- What is traffic management
- Traffic controller's responsibilities
- Working safely
- Tools and equipment
- Controlling traffic
- Site set up and maintenance

DAY 2: TRAFFIC MANAGEMENT

(RIIWH5302D IMPLEMENT TRAFFIC MANAGEMENT PLAN)

- Traffic management plan
- Hazard Identification and control
- Environmental Protection
- Identifying and controlling hazards
- Dealing with traffic offences
- Monitoring Traffic Control performance

DAY 3: CONSTRUCTION INDUCTION WHITE CARD

(CPCCWHS1001 PREPARE TO WORK SAFELY IN THE CONSTRUCTION INDUSTRY)

- What is construction work?
- OHS/WHS requirements
- Drugs and alcohol at work
- Plant and equipment including high risk work licenced activities
- Personal protective equipment and clothing
- Housekeeping
- Smoking on site
- Reporting and record keeping
- Common workplace signage
- Workplace emergencies and first aid response

DAY 4 CPR

(HLTAID001 PROVIDE CARDIOPULMONARY RESUSCITATION)

- Managing an unconscious casualty
- Priorities of First Aid – DRSABCD
- CPR – Adult, Child & Infant
- Defibrillation

DAY 5 PROVIDE FIRST AID

(HLTAID003 PROVIDE FIRST AID)

- General first aid practices
- Responding to an emergency situation
- Contacting and alerting emergency response authorities
- Using an Automated External Defibrillator (AED)

AT A GLANCE



Duration
5 days



Delivery
Classroom
and
simulated
worksite
environment



Group Size
The ideal
group size is
10-15

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